



Shri Shivaji Education Society, Amravati's
Dhanwate National College

Congress Nagar, Nagpur

Established in 1932



**College with Potential for Excellence Status by UGC, New Delhi
Recognized Centre for Higher Learning and Research
Institutional Member of Asia Pacific Quality Network, Shanghai
Accredited 'B+' Grade, CGPA 2.53 by NAAC Bangalore**

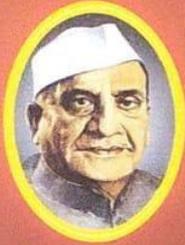


**4th Cycle
Assessment & Accreditation by NAAC**

CRITERION IV - INFRASTRUCTURE AND LEARNING RESOURCES

4.1 - Physical Facilities

4.1.2 - The Institution has adequate facilities for cultural activities, sports, games (indoor, outdoor), gymnasium, yoga centre etc.



**Dr. Panjabrao alias
Bhausaheb Deshmukh**
Founder President



Estd. 1935

Shri Shivaji Education Society, Amravati's (Regd. No. F. 89)
DHANWATE NATIONAL COLLEGE
Congress Nagar, Nagpur.

'College with Potential for Excellence' (C.P.E.) By U.G.C. Delhi
NACC ACCREDITED 'B+' GRADE, CGPA 2.53
RECOGNISED CENTER FOR HIGHER LEARNING AND RESEARCH
INSTITUTIONAL MEMBER OF ASIA PACIFIC QUALITY NETWORK, SHANGHAI

Hon. Shri Harshwardhan P. Deshmukh
President

Dr. J. D. Wadate
M. Com., M. Phil., Ph.D.
Principal

No./DNC / 248/2022-2023

Date : 27 / 12 / 2022

Self Declaration

This is to certify that, the information, report true copies of the supporting documents, numerical data and weblinks furnished in this file are verified by IQAC and the head of the institution and found correct.

Hence this certificate is issued.

Dr. K. D. Meghe
IQAC Coordinator



Dr. J. D. Wadate
Principal

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4.1.2 - The Institution has adequate facilities for cultural activities, sports, games (indoor, outdoor), gymnasium, yoga centre etc.

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INFRASTRUCTURE AND LEARNING RESOURCES

4.1 - Physical Facilities

4.1.2 - The Institution has adequate facilities for cultural activities, sports, games (indoor, outdoor), gymnasium, yoga centre

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Facilities for Cultural Activity

Room No. 10 (Himalaya Seminar Hall) area 100.8 (In Sq. Mtr.)



Vimlatai Deshmukh Seminar Hall Area 267.50 (In Sq. Mtr.) (Capacity 400 Stakeholder's)



1 Cultural Activity Report

Academic Year	2022-23	
Name of the Activity	Elocution Competition	
Date of the Activity	19/09/2022	
Organized by	Dr. Shobha Jambhulkar Convener Cultural Activity	
Objective	Economic, scientific, educational, social, health and medicine, intellectual, technological development of the country : Extending knowledge and information on human rights, scientific approach, Social justice, women empowerment policies on government.	
Brief Report	An Elocution Competition was held under the cultural program. Asoci.Pro. Rajendra Motghare, Asoci.Pro. N.V. Chopde was in charge of this competition. The theme for the competition was ' 75 Years of Independent and Scientific Approach '. The judges of this competition were Mr. S.S.Gaharwar,Dr. K.D. Meghe,Dr B.V. Khapekar. 27 students participated in this competition and other students gave spontaneous response	
Outcome	All the cultural and co-curricular activities conducted by the college during the session 2022-2023 are based upon the above stated objectives of ' Azadi ka Amrut Mahotsav year '.	
Photograph		


Dr.K.D. Meghe
 Co-ordinator, IQAC



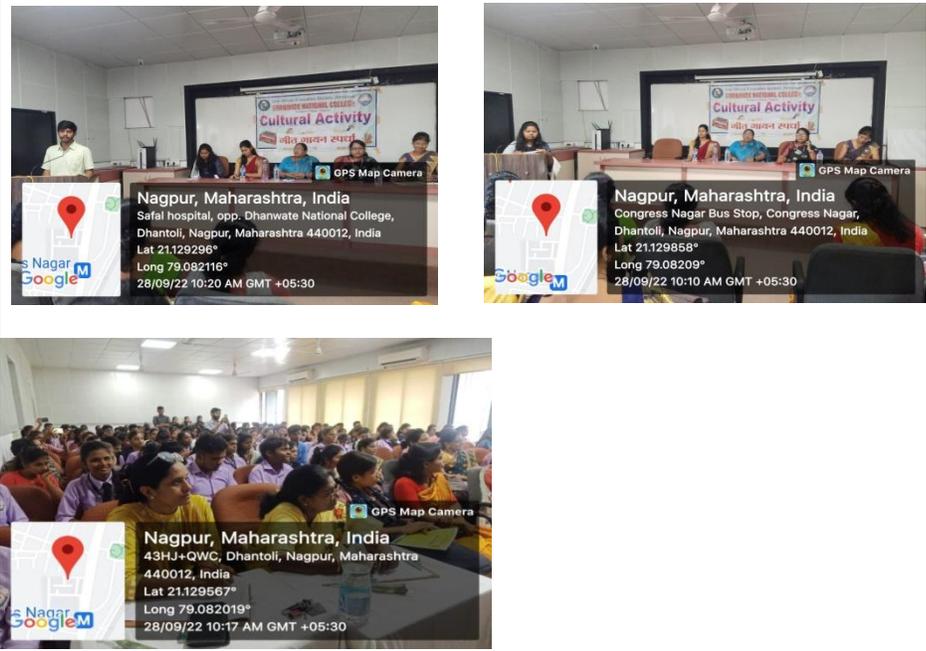

Dr. J. D. Wadate
 Principal, DNC

2. Cultural Activity Report

Academic Year	2022-23	
Name of the Activity	Debate Competition	
Date of the Activity	23/09/2022	
Organized by	Dr. Shobha Jambhulkar Convener Cultural Activity	
Objective	The student will be provided foundational literacy and numeracy on the new education policy 2020. Also, the teachers will be appointed in the areas which are disadvantaged to guide and value the debaters.	
Brief Report	An Debate Competition was held under the cultural program. Prof. Dr.B. Ghoshal, Prof. Dr. K.K. Askar was in charge of this competition. The theme for the competition was ' New Education Policy Beneficial for students '. The judges of this competition were Prof. R.S. Motghare, Dr. S.B. Warke. 22 students participated in this competition and other students gave spontaneous response	
Outcome	The students will be aware of NEP 2020 wich mainly emphasizes on overall development of the students rather than bookish knowledge through this competition the students will get benefitted by the NEP, CBCS and other branches of studies both online/offline mode for not only their career development but also a bright and hopeful future life.	
Photograph		

 Dr.K.D. Meghe Co-ordinator, IQAC		 Dr. J. D. Wadate Principal, DNC
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3. Cultural Activity Report

Academic Year	2022-23	
Name of the Activity	Geet – Gayan Competition	
Date of the Activity	28/09/2022	
Organized by	Dr. Shobha Jambhulkar Convener Cultural Activity	
Objective	Display of music and dance talents of UG/PG Students : recreation: to encourage and motivate singers for better performers by awarding the most talented ones – winners.	
Brief Report	An Geet – Gayan Competition was held under the cultural program. was in charge of this competition Meera Choudhari and Surekha Falke. The judges of this competition were Prof. Dr.R.N. Gosavi, Prof. Dr. S.B. Warke 25 students participated in this competition and other students gave spontaneous response	
Outcome	Students participated enthusiastically. Winners were selected by experts. Cash Prizes were given to winners at the hands of eminent chief guests.	
Photograph		

 Dr.K.D. Meghe Co-ordinator, IQAC		 Dr. J. D. Wadate Principal, DNC
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4 Cultural Activity Report

Academic Year	2022-23
Name of the Activity	Inter – Collegiate Elocution Competition
Date of the Activity	24/12/2022
Organized by	Dr. Shobha Jambhulkar Convener Cultural Activity
Objective	Economic, scientific, educational, social, health and medicine, intellectual, technological development of the country : Extending knowledge and information on human rights, scientific approach, Social justice, women empowerment policies on government.
Brief Report	An Inter – Collegiate Elocution Competition was held under the cultural program. Incharge Asoci.Pro. Dr. B. Ghoshal and Comparer Dr. Ashwini Potphode was in charge of this competition. The theme for the competition was 'Progress of Contemporary Indian women's '. The judges of this competition were Asoci.Pro. Rajendra Motghare, Dr.Pradnya Bagde,PWS College. 19 students participated in this competition and other students gave spontaneous response
Outcome	All the cultural and co-curricular activities conducted by the college during the session 2022-2023. To develop communication skill of students to enrich there knowledge upon the topic 'Progress of contemporary Indian women' to encourage stage daring in the participate .
Photograph	

 Dr.K.D. Meghe Co-ordinator, IQAC		 Dr. J. D. Wadate Principal, DNC
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5 Cultural Activity Report

Academic Year	2022-23
Name of the Activity	Inter – Collegiate Debate Competition
Date of the Activity	24/12/2022
Organized by	Dr. Shobha Jambhulkar Convener Cultural Activity
Objective	The aim of the Inter – Collegiate is to provide a platform to young and aspiring students studying in various urban college and rural college of Nagpur District. To acquire knowledge on 16 students
Brief Report	An Inter – Collegiate Debate Competition was held under the cultural program Prof. Dr.S.B. Warke, Miss Radha Kale was in charge of this competition. The theme for the competition was ' Whether the Indian youth is Politically aware or not? '. The judges of this competition were Prof. K.K. Askar, ,Prof. Milind Khelkar Dr. Ambedkar College. 14 students participated in this competition and other students gave spontaneous response
Outcome	To display their communicative skills that include language skills like comprehension of the topic, inclusive of points and sub-points, listening to others speeches and expressing views in clear-cut language, confidence, stage –daring etc.
Photograph	  

 Dr.K.D. Meghe Co-ordinator, IQAC		 Dr. J. D. Wadate Principal, DNC
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6 Cultural Activity Report

Academic Year	2022-23
Name of the Activity	Inter – Collegiate Handwriting Competition
Date of the Activity	25/12/2022
Organized by	Dr. Shobha Jambhulkar Convener Cultural Activity
Objective	The objective of this competition was to encourage students to improve their calligraphy skill it provide students with an opportunity to display their competency of writing legibly and neatly. The response of the students was very encouraging.
Brief Report	An Inter – Collegiate Handwriting Competition was held under the cultural program. Prof. Lata Murkute, Miss Rita Sheware was in charge of this competition. The theme for the competition was ' The Panjabrao Deshmukh birth anniversary '. The judges of this competition were Prof. Lata Kolhe, Dr. Shriya Oke, Snehal Rokade. 44 students participated in this competition and other students gave spontaneous response
Outcome	It activities the brain and contributes to riding fluency. It also encourage and recognizes the good handwriting skill. It provide students with an opportunity to display their competency of legible writing. 44 students from urban, sub urban and rural areas of Nagpur District participated.
Photograph	 <p>The photograph section contains three images. The top left and right images are Google Maps screenshots showing the location of the event in Nagpur, Maharashtra, India. The bottom image is a photograph of a classroom where students are seated at desks, participating in the handwriting competition.</p>

 <p>Dr.K.D. Meghe Co-ordinator, IQAC</p>		 <p>Dr. J. D. Wadate Principal, DNC</p>
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7 Cultural Activity Report

Academic Year	2022-23
Name of the Activity	Inter – Collegiate Essay Competition
Date of the Activity	25/12/2022
Organized by	Dr. Shobha Jambhulkar Convener Cultural Activity
Objective	To provide a platform to students so as to display their knowledge, creativity, good handwriting, correct sentence, grammar, spellings and wards and improve their knowledge information on the great Indian leader.
Brief Report	An Inter – Collegiate Essay Competition was held under the cultural program Incharge Prof. Dr. B.V. Khapekar, Dr. Bhavana Kalsule was in charge of this competition. The theme for the competition was ' Dr. Panjabrao Deshmukh's Agriculture Education Policy '. The judges of this competition were Prof. Manoj Kosare, Mrs. Y.S. Deshmukh, Gudiya Yadav. 42 students participated in this competition and other students gave spontaneous response
Outcome	The students will get benefitted by the essay and the topic of the essay is definitely improve their knowledge that is one sub topic ask in the competitive exams in Maharashtra state PSC Exam various positions.
Photograph	

 Dr.K.D. Meghe Co-ordinator, IQAC		 Dr. J. D. Wadate Principal, DNC
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8 Cultural Activity Report

Academic Year	2022-23
Name of the Activity	Inter – Collegiate Poster Competition
Date of the Activity	25/12/2022
Organized by	Dr. Shobha Jambhulkar Convener Cultural Activity
Objective	To provide a platform to the students to exhibit their painting, drawing. Sketching, calligraphy, intellectual and communicative talents and excellence and knowledge and information on the topic of ' E-waste management.
Brief Report	An Inter – Collegiate Poster Competition was held under the cultural program Incharge Prof. Dr. R.N. Gosavi, Mr. Nikhil Pakhode was in charge of this competition. The theme for the competition was ' E-west Management '. The judges of this competition were Mr. Subhash Patle . 34 students participated in this competition and other students gave spontaneous response
Outcome	34 students participated in this competition actively and showed their hidden talents through their poster. The students surf the net and read magazines, journals and related books to write the sentence of the posters. The meritorious students can use their poster making talents for making posters during elections, advertising and marketing.
Photograph	  

 Dr.K.D. Meghe Co-ordinator, IQAC		 Dr. J. D. Wadate Principal, DNC
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9 Cultural Activity Report

Academic Year	2022-23	
Name of the Activity	Inter – Collegiate Slogan Competition	
Date of the Activity	25/12/2022	
Organized by	Dr. Shobha Jambhulkar Convener Cultural Activity	
Objective	The students were provided the healthy competition to display their drawing. Sketching, handwriting talents along with their knowledge and information on the topic of pollution.	
Brief Report	An Inter – Collegiate Slogan Competition was held under the cultural program Incharge Prof. N.V. Chopde, Dr. Deepak Jejani was in charge of this competition. The theme for the competition was ' Pollution '. The judges of this competition were Mr. Subhash Patle. . 17 students participated in this competition and other students gave spontaneous response	
Outcome	Improve the observation skills, Improve responses, thoughts, awareness and significance of the current issue of 'pollutions'.	
Photograph		



Dr.K.D. Meghe
Co-ordinator, IQAC




Dr. J. D. Wadate
Principal, DNC

10 Cultural Activity Report	
Academic Year	2022-23
Name of the Activity	Inter – Collegiate Geet- Gayan Competition
Date of the Activity	26/12/2022
Organized by	Dr. Shobha Jambhulkar Convener Cultural Activity
Objective	The student will be provided with a dias and a healthy competition to display their talents and skills of music and singing. To find out talented singers and encourage them with cash awards and prizes and certificates at the hands of guests .
Brief Report	An Inter – Collegiate Geet-Gayan Competition was held under the cultural program Incharge Prof. Dr.B.V. Khapekar , Mr. Ravi Gunde was in charge of this competition. The theme for the competition was ' Pollution ' . The judges of this competition were Mrs. Madhuri Kumbhare, Dr. Bhavana Kalsule. 26 students participated in this competition and other students gave spontaneous response
Outcome	The singers could display their music and singing talents; audience cheered them. Singers improved their confidence ; they can earn money through their singing talents like youtubes videos, festivals etc .
Photograph	  

 Dr.K.D. Meghe Co-ordinator, IQAC		 Dr. J. D. Wadate Principal, DNC	
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11 Cultural Activity Report	
Academic Year	2022-23
Name of the Activity	Collegiate Rangoli Competition
Date of the Activity	26/12/2022
Organized by	Dr. Shobha Jambhulkar Convener Cultural Activity
Objective	To provide the students with a healthy competition and display their rangoli design making talent. To motivate the students to show their performance and outshine in their rangloi skill.
Brief Report	An Collegiate Rangoli Competition was held under the cultural program Incharge Miss. A.G. Borkar , Mrs. A.M. Deshmukh was in charge of this competition. The theme for the competition was ' Pollution '. The judges of this competition were Mrs. Madhuri Kumbhare, Mrs. Meena Khadse . 10 students participated in this competition and other students gave spontaneous response
Outcome	Students got motivated and encouraged through their participation. Beautiful color combinations were enjoyed by each and every spectator. Rangoli designs will definitely help them procure a job in a textile company.
Photograph	

 Dr.K.D. Meghe Co-ordinator, IQAC		 Dr. J. D. Wadate Principal, DNC
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12 Cultural Activity Report

Academic Year	2022-23	
Name of the Activity	Collegiate Mehandi Competition	
Date of the Activity	26/12/2022	
Organized by	Dr. Shobha Jambhulkar Convener Cultural Activity	
Objective	Mehandi competition provided a healthy and joyful competition to the participants and their mehendi designs were displayed a to the audience. The participants of the competition were encouraged to improve upon their talent by cash prizes.	
Brief Report	An Collegiate Mehandi Competition was held under the cultural program Incharge Dr. S.R. Lokhande , Miss. M.B. Mahalle was in charge of this competition. The theme for the competition was ' Pollution '. The judges of this competition were Mrs. Madhuri Kumbhare, Mrs. Meena Khadse . 19 students participated in this competition and other students gave spontaneous response	
Outcome	19 students participated and one boy –student also participated this session. Nowadays it is a way of making money for many mehendi designers during marriages and other festive occasions.	
Photograph		

 Dr.K.D. Meghe Co-ordinator, IQAC		 Dr. J. D. Wadate Principal, DNC
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Sports and Games Facilities

Well Equipped Indoor Playground

1

1. Sports Office :-750Sq.ft. with well equipped
2. Store room, Changing Room :-60 Sq. mtr.
3. Indoor Badminton Stadium :- 1000 Sq. mtr.(Newly Constructed Indoor Stadium on 16th May, 2016)



4. Chess Hall :-245.00 Sq. mtr.(Regular coaching center In association with Nagpur District Chess Association)



5. Table-Tennis Hall:-140 sq.mts.regular coaching center -For International Table-tennis activates the floor have been updated with Synthetic Courts in the month September



6. Yoga Hall :- 158 sq. mts.

Well Equipped Outdoor Playground

2

- i) **Football/Softball/Hockey / Rugby Ground:-** 8000 Sq. mtr.(Sprinkler is setup & Light arrangement for night matches)



- ii) **Cricket Ground With Turf Wicket Vasant Nagar, Nagpur:-**14700 Sq. mtr. (3.62 acre)



- iii) **Basketball Court :-** 7290.5sq.ft / 750 Sq. mtr.(with flood lights Multipurpose Use – Basketball, Floorball & Gymnastics Coaching Center)



- iv) **Sepak Takraw Ground:-**1000 sq. ft in Association with Nagpur District Sepak Takraw Association
- v) **Other Game Infrastructure:-** Kabaddi, Volleyball, Sepak Takraw, Netball, Korfball, Kho-Kho, etc. Grounds :- 3100 Sq. mtr

Indoor and Outdoor Sports Activities

Activity No. 1: Modern Fitness Centre:

The College has a modern gym with all the equipment from treadmill, cross-trainer, various types of machines and barbell sets, etc. More than 300 trainees including college students, athletes and youth from outside also make best use of this gym in the morning and evening. The revenue generated through the gym provides employment and pays honorarium to 3-4 instructors.



Modern well equipped Gym

Activity No. 2: Badminton Academy - Started in May 2016 for the benefit of students undergoing regular training and with the aim of producing international players. More than 250 students from inside and outside the college avail benefits from our coaching center. After practicing for past few years, the players now participate in various competitions and many of them are performing well in state and national competitions. Apart from this the morning session benefits doctors, engineers, lawyers, CAs and other professionals.



Badminton Hall- 4 Hoova court

Activity No. 3: Table tennis: For the past four years, the college has been providing regular table tennis training to students and players. The center is run with the help of Nagpur District Table Tennis Association. Mr. Kanetkar is working as a trainer at this place. Regularly 10 to 15 players come to practice and do well and participate in various competitions.



Table Tennis coaching

Activity No. 4: Chess Coaching Center: The training center is run in collaboration with the Nagpur District Chess Association to provide regular training to the students of the college and outside players. Many athletes participate in this center every day. Also, the district organization organizes various competitions.



Chess Coaching Center

Activity No. 5 : Gymnastics – We have been running Shivaji Gymnastics Club for the past eight years under the guidance of National level Gymnast Mr. Sanket Vinchurkar and Mr. Mayuresh Shirshikar Under this club school children are trained throughout the year and we even provide completely free training to the poor students from the underprivileged background. Our club runs regularly throughout the year, with around 50-60 practicing daily. Due to this, many of our club players compete in state and national competitions. Among which Aryan Pandit and Tanay Dhopade won silver medals in the national competition held in Delhi this year.



Gymnastics Coaching

Activity No. 6: Softball coaching Center - Softball coaching has been going on at the college grounds for the past fourteen years in association with the District Softball Association. Many students from different schools and colleges come for training every day. These players are trained by Mr. Chetan Mahadik and other international level players. Many athletes trained here have performed well by participating in state, national and international competitions. A major achievement last year was achieved by Shri Piyush Ambulkar by receiving the Shiv Chhatrapati Award from the State Govt.



Softball coaching Center

Activity No. 7: Football Academy - A football academy is run for those who love football among other sports. 40-50 players come for regular practice in the academy every day from 5 to 7 pm. Dr. Ramesh Mandal and Mr. Ajay Kanojia who has been a national football player offers their services to train them. The coaches are remunerated generating self-employment out of this.



Football Academy

<p>Activity No. 8: Cricket ground with Turf Wicket: The college has its own cricket ground at Vasant Nagar (16622.4 sq. m.) with turf wicket. A cricket club for sportsmen is being run here for many years and hundreds of students are benefiting from it. Also, the ground is made available for organizing various competitions of the University, District Sports Officer and others. Many of our field players have participated in Inter University, VCA U/19, U/23 and Ranji Trophy tournaments.</p>	 <p><i>Cricket Ground with turf wicket</i></p>
<p>Activity No. 9: Sepak-Takraw Training – Sepak-takraw coaching has been started on the college grounds for the last five years in collaboration with the District Sepak-takraw Association. Students from various schools and colleges come daily for training. Some of the players trained here have participated in state, national and inter-university competitions.</p>	
<p>Activity No. 8 : Rugby Coaching Center -</p>	
<p>Other outdoor sports Facilities: Basketball Court, Football ground with Flood Light and Volleyball, Korfball, Netball, Kabaddi, Kho-Kho grounds are well maintained for regular practice. We provide various equipment's, Uniforms, Shoes, concession for outstation tournament, refreshment and daily allowances during tournaments. College bears the cost of university blazer for player who get selected for the first time in any game in the University team.</p>	

Number of extension and outreach programs conducted

The competitions in the Krida Mahotsava which started on 28th September continued for four days. As the competition was day and night, the players thoroughly enjoyed themselves. All sporting events are played in a round-robin format. After the final match on 1st October 2022 in the evening the prize distribution program of Krida Mahotsava was held.

The following chart shows team participation from various colleges in the Nagpur District:

Events	Kabaddi	Volleyball	Badminton	Chess-mix	Basketball	Football	Korfball	Cricket
Men	32	22	14	12	18	25	6	24
Women	11	8						

Prize distribution ceremony of Krida Mahotsava Dr. Sharad Suryavanshi Director, Physical Education and Sports RTMNU in auspicious hands and the program was presided over by Principal Dr.J.D.Wadate and Smt. Pallavi Dhattrak District Sports Officer Shri.Babnrao Chaudhary as Chief Guest. Principal Dr. J D Vadte reviewed the 4-day sports festival. was present on the platform. On this occasion, the Chief Umpire was felicitated for the valuable cooperation of all the Umpires.



All the winner, runner and third position teams were given certificates, running trophy & cash prize for Kabaddi, Volleyball, Basketball, Chess, Korfball & Badminton of Rs. 5001/-, Rs. 3001/-, 2001/- & football Rs. 7001, 5001 & 3001.

Principal Dr. J. D Vadte - Volleyball Girls 1st, Dr. Bharti Khapekar - Kabaddi Girls 1st, Mr. Nanabhau Satpute Cricket 2nd, Mr. Sunil Mujumdar Cricket 1st, Dr. Mukul Burghate - Volleyball Boys 1st, Dr. Rajesh Timane - Chess 1st, Dr. Suvarnalata Warke - Korfball 1st & Kabaddi Girls 3rd, Ms. Rajeshree Mude - Volleyball Boys & Girls 2nd, Prof. Sumatai Kubde - Basketball 1st, Dr. Shobha Jambhulkar - Kabaddi Girls

2nd, Dr. V.G. Ukinkar - Badminton Boys 2nd, Dr. D.N. Khadse - Football Boys 3rd, Prof. Lata Deshmukh - Basketball 2nd, Dr. Kulbhushan Meghe - Badminton 3rd, Dr. Vaishali Malode - Kabaddi Boys 3rd, Ms. Jayashree Dhawad - Basketball 3rd, Dr. Vinod Waghale - Chess 2nd sponsored cash prizes. A memento was awarded by the college staff to the best player.

Intercollegiate Cricket Tournament: Under the Dr. Panjabrao Deshmukh Krida Mahotsava Inter-collegiate Cricket tournament was inaugurated on Oct 7, 2023 at Vasant Nagar Ground. In the beginning, the Principal Dr. J. D. Wadate garlanded the image of Dr. Panjabrao Deshmukh and performed Bhoomi Pujan. After this the players were guided and all the guests introduced both the teams. The inaugural match was played between Hislop College and N.I.T. The program was moderated by Dr. Subhash Dadhe and vote of thanks was given by Dr. Vandana Ingle. On this occasion, Dr. Devendra Wankhade, Mr. Sunil Mujumdar, Mr. Vikas Shesh, Prof. Surendra Gaharwar, Prof. Jayant Jichkar, Dr. Parag Joshi, Dr. Amit Kanwar were present.



Prize distribution of Dr. Panjabrao Deshmukh Krida Mahotsava – General Championship Hislop College

Following teams emerged as successful in the Krida Mahotsava 2022:

Game	First	Second	Third
Kabbadi Men	SSNJ	C P & BERAR	Dr. P. D. Night Col.
Kabbadi Women	SSNJ	DNC Nagpur	Kamla Neharu
Volleyball Men	Dr.H.A.College Sav	DNC	G.H.Raisoni Nag.
Volleyball W.	DNC	G.H.Raisoni Nag.	Institute Of Science
Badminton-Men	DNC	Hislop	AG College, Nag
Chess	RCOEM	VNIT	G.H.Raisoni
Krofbal	NH College Brambh	DNC	NMD College
Basketball-men	CPC	Dr. Ambedkar Colle	DNC
Football	PWS College	Porwal College	Hislop College
Cricket	Dr. Ambedkar College, Nagpur	DNC	-

Facilities for Gymnasium

Modern well equipped Air condensing Gym:-

Area - 245.00 Sq. mtr.

Lactation- The indoor stadium at the rear of the college premises has a spacious gym on the second floor.



Regularly more than 250 persons including College Students & outside members get benefits of this Gym

List of Equipment's :

1. Steam Bath
2. Multi-gym - 12 Station & 4 station
3. Motorized Treadmills Commercial
4. Elliptical Trainer Commercial
5. Spin Bike Commercial & Recumbent Bike Commercial
6. Leg Massager, Vibratar Belt
7. Seated Chest Press Commercial
8. Seated Leg Curl Commercial
9. Horizontal Bar - Wooden Bar
10. Parallel Bar , Gymnastic Bench Press
11. Wrist-conditioner , T-bar
12. Dumb-bells – Chrome, Adjustable
13. Weight Lifting Set
14. Champion Barbell Set (Standard)
15. Cross-cable Multi-Purpose
16. Abdominal Machine
17. Arnold Triceps Machine
18. Leg Carpus Machine
19. Suma Spate Machine
20. Weight Machine& others required equipements

Activity Report	
Academic Year	2022-23
Name of the Activity	International Yoga Day Celebration
Date of the Activity	21/06/2022
Organized by	Physical Education and Sports Department, DNC, Nagpur
Objective	<ul style="list-style-type: none"> ● To raise awareness of the many benefits of practicing yoga ● To connect students through international yoga day. ● To connect students to nature by practicing yoga. ● To link between protection of health and sustainable health development. ● To bring communities much closer together to spend a day for health from a busy schedule.
Brief Report	<p>The Department of Physical Education and Sports had organised International Yoga Day Celebration on 21st June 2022. On this occasion Dr. D.C. Wankhede, Head Department of Physical Education and Sports had demonstrated the different <i>Yogasana</i> and Meditation techniques and also explored the importance of every <i>asana</i>.</p> <p>Principal Dr. J. D. Wadate and a large number of teaching and non-teaching members of the college participated along with NSS Volunteers and NCC cadets.</p> <p>Total 25 volunteers (15 male, 15 Female) were benefitted.</p>
Outcome	<ul style="list-style-type: none"> ● Spread awareness of the many benefits of practicing yoga ● Popularize international yoga day amongst students. ● Connected students to nature by practicing yoga. ● Link established between protection of health and sustainable health development. ● Brought communities much closer together to spend a day for health from a busy schedule.
Photograph	



[Handwritten signature]

Dr.K.D. Meghe
Co-ordinator, IQAC



[Handwritten signature]

Dr. J. D. Wadate
Principal, DNC

Activity Report	
Academic Year	2022-23
Name of the Activity	International Yoga Day Celebration at NAGPUR METRO
Date of the Activity	21/06/2022
Organized by	NSS Unit, DNC, Nagpur
Objective	<ul style="list-style-type: none"> ● To spread the awareness amongst metro commuters. ● To collaborate with the Nagpur Metro. ● To raise awareness of the many benefits of practicing yoga ● To connect passengers with the importance of Yoga ● To connect students to nature by practicing yoga. ● To link between protection of health and sustainable health development. ● To bring communities much closer together to spend a day for health from a busy schedule.
Brief Report	<p>Volunteers of NSS Unit had practiced YOGA in the NAGPUR METRO to demonstrate various YOGASANAS to the passengers of Nagpur Metro. This OUTREACH activity spread awareness about the importance of YOGA for human being.</p> <p>The entire activity is conducted in the running metro; which aims to spread awareness amongst people from varied socio-economic structure.</p> <p>Total 10 volunteers (10 male, 10 Female) were benefitted.</p>
Outcome	<ul style="list-style-type: none"> ● To conduct collaborative activity with NAGPUR METRO. ● Spread awareness of the many benefits of practicing yoga ● Popularize international yoga day amongst students. ● Connected students to nature by practicing yoga. ● Link established between protection of health and sustainable health development. ● Brought communities much closer together to spend a day for health from a busy schedule.
Photograph	





Dr.K.D. Meghe
Co-ordinator, IQAC



Dr. J. D. Wadate
Principal, DNC

ACTIVITY REPORT - 1

ACADEMIC YEAR	2022-23
NAME OF THE ACTIVITY	Yoga and Meditation training Camp
DATE OF THE ACTIVITY	11 th to 20 th June 2022
ORGANIZED BY	Capt. Dr. Subhash S. Dadhe, NCC Unit, DNC Nagpur.
OBJECTIVE	This activity is to improve the mental and physical health of Cadets with the help of peace and concentration.
BRIEF REPORT	NCC Unit has organized Yoga Training Camp from 11 th to 20 th June 2022. The Objective of this activity is to improve mental and physical health with the help of peace and concentration. 25 Cadets have participated in Yoga Training Programme, for the Preparation of International yoga day. Capt. Dr. S.S. Dadhe guided them.
OUTCOME	At the end of this activity is to improve mental and physical health and Prepared for International yoga day
PHOTOGRAPHS, NEWS PAPPER CUTTING OF THE COVER	



Dr.K.D. Meghe
Co-ordinator, IQAC

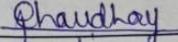
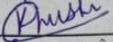
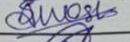
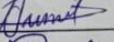
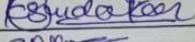
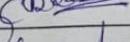
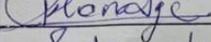
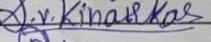
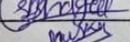
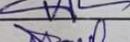
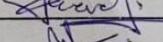
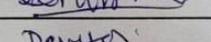
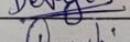
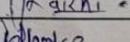
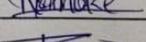
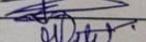
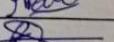
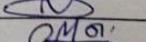
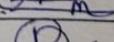


Dr. J. D. Wadate
Principal, DNC

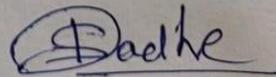
ACTIVITY -01-Yoga and Meditation training Camp

DATE OF THE ACTIVITY -11 to 20 June 2022

Faculty Incharge:- Capt. Dr. Subhash S. Dadhe, NCC Unit, DNC Nagpur.

Sr. No.	Name of Beneficial Student	Signature
1	AASTHA S.CHAODHARY	
2	KHUSHI .P. HELGE	
3	SALONI .P. GHOSH	
4	SHRUTI .K. NIGHOT	
5	SUMIT .P. NAVSE	
6	KUNAL .S. SANDOKAR	
7	NIKHIL B. DHOBLE	
8	KSHITIJ D. LANDGE	
9	SAURABH V. KINARKAR	
10	DISHA ANDEL	
11	SANSKRUTI BHAGAT	
12	MUSKAN GUPTA	
13	AKANSHA BAWANE	
14	MAYURI RAUT	
15	PRACHI PANDEY	
16	VAISHNAVI NAKTODE	
17	KOMAL UKEY	
18	DEVYANI SHELOKAR	
19	RAKHI THAKUR	
20	NISHA DHOKE	
21	PRATHAM BARAHATE	
22	GAGAN PATLE	
23	PRANAY SHAKYA	
24	MOHNISH HIRWANE	
25	ARYAN UMREDKAR	





Capt. Dr. Subhash S. Dadhe
A.N.O.
Dhanwate National College,
Nagpur.

List of Sports Facilities and Sports Equipment's

Sr. No.	Game	Equipment's/Materials
1	Gymnastics Equipment's	<ol style="list-style-type: none"> 1. Roman ring 2. Pommel Horse 3. Parallel Bar 4. Horizontal Bar 5. Balance Beam 6. Crass Mat 7. Gymnastic Mattress 8. Vaulted Box 9. Vaulting Table 10. Spring Board 11. Gymnastics Ribbons 12. Gymnastics Rope
2	CRICKET	<ol style="list-style-type: none"> 1. Bats 2. Balls [Matches & Practice] 3. Batting Gloves, Wicket Keeping Gloves 4. Thigh Pads, Wicket Keeping Pad 5. Batting leg guards 6. Helmet 7. Stumps 8. Nets, Matting 9. Kit bag 10. Scorebooks
3	FOOTBALL	<ol style="list-style-type: none"> 1. Footballs 2. Nets 3. Sin guard 4. Football Boots & Socks 5. Goal Posts 6. Cones
4	TABLE TENNIS	<ol style="list-style-type: none"> 1. Table with Net 2. Bats 3. Balls 4. T-Shirts & Shorts
5	HOCKEY	<ol style="list-style-type: none"> 1. Goalpost with Net 2. Sticks 3. Balls 4. Pad 5. Guard 6. Helmet
6	VOLLEYBALL	<ol style="list-style-type: none"> 1. Two Court – with Nets & Antenna 2. Balls 3. Referee Chair
7	BALL BADMINTON	<ol style="list-style-type: none"> 1. Pole with Net

		<ol style="list-style-type: none"> 2. Side Sticks 3. Rackets 4. Balls
8	KORFBALL	<ol style="list-style-type: none"> 1. Poles with Baskets 2. Balls
9	BASKETBALL	<ol style="list-style-type: none"> 1. Pole, Boards, Rings & Nets 2. Balls
10	BADMINTON	<ol style="list-style-type: none"> 1. Pole, Net 2. Racket 3. Shuttle Cock
11	HANDBALL	<ol style="list-style-type: none"> 1. Movable Goal Post with Net 2. Balls 3. Knee Pads 4. Guard
12	SOFTBALL / BASEBALL	<ol style="list-style-type: none"> 1. Sluggers 2. Globes 3. Helmet 4. Chest Guard 5. Balls 6. Base
13	CAROM	<ol style="list-style-type: none"> 1. Carom Board 2. Carom Men
14	CHESS	<ol style="list-style-type: none"> 1. Chess Board 2. Chess Men
15	ATHLETICS	<ol style="list-style-type: none"> 1. Shot 2. Javelin 3. Discus 4. Hammers 5. Spikes 6. Starting Blocks 7. Hurdles 8. Stop Board 9. High jump stand with Bar 10. Relay Baton
16	Floorball	<ol style="list-style-type: none"> 1. Goal Post 2. Sticks 3. Ball 4. Knee Caps
17	UNIFORM	<ol style="list-style-type: none"> 1. Separate kits for players of various games are provided by the department
18	YOGASANA	<ol style="list-style-type: none"> 1. Carpet, Netispot, Dhoti, Sutra Neti, Dand, etc.
19	TENNIS	<ol style="list-style-type: none"> 1. Rackets 2. Balls 3. Net
20	SWIMMING & WATER POLO	<ol style="list-style-type: none"> 1. Costumes 2. Balls (Water Polo)

21	P.A. SYSTEM	<ol style="list-style-type: none"> 1. Amplifier 2. Microphone 3. Mike, Cordless, Stand 4. Mega Phone 5. Speakers
22	MUSICAL INSTRUMENT	<ol style="list-style-type: none"> 1. Harmonium 2. Tabla-Piano 3. Band 4. Bugles
23	OTHER EQUIPMENTS	<ol style="list-style-type: none"> 1. Measuring Tape 2. Iron Roller 3. Stop Watches 4. Skipping Ropes 5. Height Measuring Stand 6. Weighing Machine 7. Halogens 8. Buckets
24	TRACK-SUITS, SHOES	For winning team members & University Players

Other Infrastructural Facilities For Sports and Games in our Institution



Sports Department Office



Indoor Sports Department



Baskat Ball Ground



Vollyball, Kabbadi, Kho-kho Ground



Table Tennis Court



Gymnasiums



Badminton Court



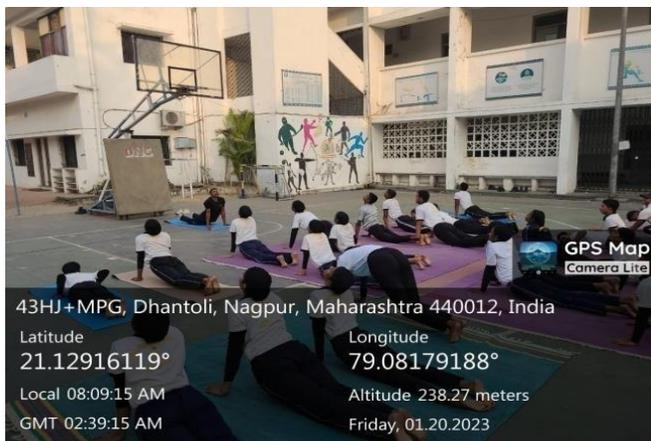
Cricket Ground (At Vasantnagar, Nagpur)



Hockey and Other Games Ground



Chess Hall



Yoga Centre